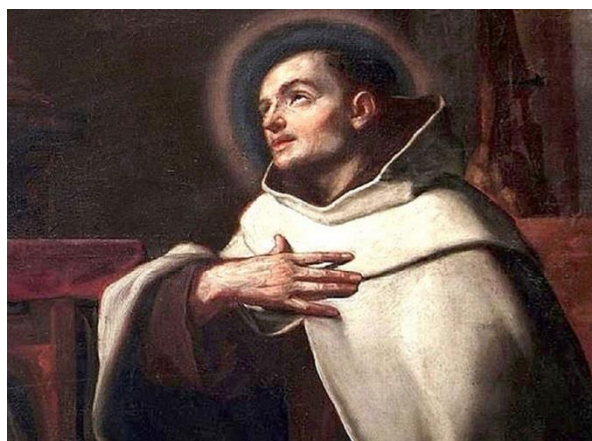


# 7<sup>th</sup>. Carmelite Pilgrimage

17 September – 1 October

2024



**DEADLINE: APRIL 15- inquire about openings after that date**

**COST:** \$2,700.00 (does not include airfare)

Contact: Alberto Ferreiro, [betomicielo@gmail.com](mailto:betomicielo@gmail.com)

Limited single room accommodation is available and must be requested as soon as possible. **An extra \$150.00** will be needed to cover single accommodation for the entire trip.

**PAYMENT SCHEDULE: (\$2700)**

DEPOSIT DUE WITH APPLICATION \$300.00

SECOND PAYMENT OF \$1400.00, DUE **APRIL 19**

FINAL PAYMENT OF \$1000.00, DUE **JUNE 3**

**THE DEPOSIT IS PART OF THE OVERALL PAYMENT**

**PAYMENTS:**

**All payments are to be made out to: Centro Fray Luis de León**

Mail all payments to:

Prof. Dr. Alberto Ferreiro, Emeritus  
Centro Fray Luis de León  
14515 53<sup>rd</sup> Avenue S. E.  
Everett, WA 98208

**REFUND POLICY:** If one cancels or the pilgrimage is cancelled for any reason at any time before departure 100 of the deposit will not be refunded; less than 30 days from departure only unrecoverable expenses, after the pilgrimage begins on 10 September there will be no refund of any monies.

**TRAVEL INSURANCE:** we recommend AIG as a possible travel health insurance provider; they can be found online. **Be sure to get coverage for the ENTIRE COST of the trip including flight cancellation** in case you have to cancel at any point. Health and Flight cancellation insurance is **NOT** included in the pilgrimage fee.

**COVID 19 protocols: European countries have dropped all restrictions. Check for latest travel updates, however. Bring masks with you, some venues still require them – pharmacies, clinics. Make sure your travel insurance will cover any potential Covid related expenses.**

**HEALTH ISSUES:** Although the pilgrimage will not be fast paced there is nevertheless a great deal of walking in most cases over uneven surfaces. Participants must be able to get around without much problem. You must be able to move your own luggage. **You are required to fill out the HEALTH FORM that will be sent to you separately; it will be kept in the strictest confidence.**

**TRAVEL AGENT:** Our travel agent is Sandy Dubois, Travel Leaders-Seattle. All questions about flights or extra travel should be directed to her. If you book on your own, contact me first to make sure the dates and time are correct to meet the group in Madrid. It is much easier to coordinate if all go through Sandy.

**OPTIONAL TRAVEL:** Participants have the option of adding to their stay after the pilgrimage is over. Our travel agent Sandy Dubois will be more than ready to help you. You can contact Sandy at to book your flight and any changes to your itinerary at [sdubois@dt.com](mailto:sdubois@dt.com) **YOU DO NOT HAVE TO DEPART FROM SEATTLE!**

### **PILGRIMAGE LEADERS:**

**Professor Alberto Ferreiro, Ph.D** is emeritus professor of Seattle Pacific University in Early Christian and Medieval History with a specialty in Spanish and Portuguese studies where he taught for 36 years. He is founder and director of a University of Salamanca, Spain Summer program for college students that he led for 30 summers (1989-2019) and took 900 students. He has published 13 books and over 130 scholarly articles on Late Roman and Early Medieval Spain and

Portugal. He was born in Mexico and is fluent in Spanish. This will be the seventh Carmelite pilgrimage that he has organized.

**PRIEST:**

**TO BE DETERMINED**

**DESCRIPTION:** The pilgrimage will **NOT** be a fast-paced neck breaking visit. We are striving for quality not quantity in our visits. We will visit the ‘important’ sites related to Teresa and John, in addition to other important monuments. There will be times to simply enjoy being there. Only 15 to 20 pilgrims will be accepted.

### **Carmelite/ Catholic Chaplains of Previous Pilgrimages**

2000- Father Colm Stone OCD†

2006- Father Charles Garrity OCD

2007- Father John McGowan, OCD

2015- Father Donald Kinney, OCD

2019- Father Matthias Lambrecht, OCD

2022- Father Hans Olsen, Diocesan Priest

2023 Father Ron Roakham OCarm.

2024 **PENDING**

## **Testimonials from Pilgrims**

What an amazing trip! Not only were we retracing the steps of our beloved St. Teresa of Avila and St. John of the Cross but our guide, Alberto, was able to put our wanderings into historical context which really brought things to life! Staying at the monasteries (founded hundreds of years ago) was a wonderful experience. It was like staying in a museum but with the Blessed Sacrament just below us. What a special experience for a secular. Traveling with a Carmelite priest was also wonderful.... Daily Mass, Reconciliation, and Adoration were woven into this uplifting journey. I would love to go again. **Cara Colburn, Traverse City, Michigan (2019)**

To put into words this pilgrimage of 2019 is quite a project. I am overwhelmed with gratitude that I was able to go. First, in its deepest essence it was a totally undiluted Discalced Carmelite spiritual experience. To stand in the spot before the Blessed Sacrament where St. Teresa received the transverberation of her heart brought me right into the presence of God and the saints. To be able to stand at Teresa's tomb and that of St. John of the Cross was incredibly moving. Having Father Matthias, a Carmelite priest, with us for Mass, the Office, private consultations and for confession was priceless. Second, Dr. Alberto Ferreiro gave us history lessons at all the locations. He is a published scholar and put everything we were experiencing into proper historical context. Third, socially you could not top the people on this pilgrimage. Throughout the 15 days there was not one harsh word or cranky attitude from anyone. Some of them were Spanish speakers who made it easy for the rest of us to navigate the Carmelite sites, shops, and restaurants.

**Catherine Wilbur, OCDS**  
**Secular Discalced Community of St. Thérèse, the Little Flower**  
**Cherry Hill, New Jersey**

I am a diocesan priest with an interest in Carmelite spirituality and I was blessed to be part of the pilgrimage in 2023. I found the structure, pace, liturgies and presentations to be high quality and I gained a greater insight into and feel for the way of St. Teresa of Jesus, St. John of the Cross and the Carmelite Tradition. Also the camaraderie and spirit among the pilgrims was a real grace, **Rev. John J. Newns, Conshohocken, PA, Carmelite Pilgrimage 2023**

This Catholic Pilgrimage (2022) was a wonderful life experience! The historical, cultural, and Catholic background knowledge about the places we visited, gave more meaning to what we were seeing. The excursions were well paced and we never felt rushed or overwhelmed. We were given plenty of time to explore the cities and enjoy the great food. I learned so much about the Catholic faith and history! **Charlene Cosborn, Everett, Washington**

## **CARMELITE PILGRIMAGE 2024**

**17 September - 1 October**

At each site there will be talks by Dr. Ferreiro and Father Ron on the historical and spiritual significance of the place in relation to Teresa and John specifically and in general the Carmelites. Father Ron will preside at all Masses and lead Vespers and any other spiritual exercises.

### **LODGING:**

**In Avila, Segovia, and Toledo single lodging is very limited, at extra cost.**

**SALAMANCA-** Hotel Catalonia, [four star] hotel at the Plaza Mayor

**AVILA-** Carmelite Monastery/ Albergue, ‘Casa Natal de Santa Teresa’

**SEGOVIA-** Centro de Espiritualidad, San Frutos, Segovia

**TOLEDO-** Carmelite Monastery

# DAILY ITINERARY

**MEALS LEGEND:** B- breakfast, L- lunch, D- dinner (included in the price)

**September 17 - Tuesday (D)**

**DEPARTURE TO SPAIN-** Dinner on plane

**September 18 – Wednesday – (B) SALAMANCA**



Arrive at Madrid Airport/ Go to Salamanca by private coach

Check-in, rest, Lunch on your own- nap or rest at the Plaza Mayor

Afternoon Mass 7:00pm

Vespers 7:45pm, Dinner on your own, eat Tapas

**September 19 - Thursday (B) – SALAMANCA**



Breakfast 8am – Matins at 9:30am, Morning Mass, Carmelite Church, 10:00am

Visit Casa de Teresa 11:00-12:30pm- where Teresa lived for three years

Lunch 2pm- on your own

San Esteban Dominican Monastery 4-6pm/ Vespers 8:00pm - Dinner on your own

### **September 20 - Friday (B) - MEDINA DEL CAMPO**

Breakfast 7am - Matins on the bus

Depart at 8:30am to Medina del Campo – Visit Teresa’s second foundation, 15 August 1567

Mass at 12:30, At the Chapel where John of the Cross celebrated his first Mass.

Visit to Carmelite Community and Museum where Teresa and John met

Lunch, 2:30-4:30pm in Medina del Campo on your own

Vespers in Salamanca 7:30pm

Dinner on your own

### **September 21- Saturday (B) – SALAMANCA**



Breakfast 8am – Matins 9:30am, Morning Mass, Carmelite Church, 10:00am

Old and New Cathedrals 11:30am- 2:00pm- where John was ordained

Lunch 2-3:30- on your own

Vespers 7:30 at Hotel,

### **September 22 - Sunday (B, L, D) - ALBA DE TORMES AND AVILA**





Breakfast in Salamanca Hotel, 8:00am

Depart to Alba de Tormes 9:00am - Matins on the Bus to Alba

Mass 10:00am at the church where Teresa is buried in Alba de Tormes/Visit Teresa Museum/ Church of John of the Cross, Short refreshment at the Plaza in Alba de Tormes

Depart to Avila 12:30 - Check-in at Albergue de la Santa 1:30/ 2:00pm

Lunch at the Albergue at 2:00pm, Visit Teresa Birthplace Chapel

Vespers 7:00pm – Dinner at the Albergue at 8pm

### **September 23 - Monday (B, L, D) AVILA**



Matins 8:30am - Breakfast 9am

Mass at the Convent of Saint Joseph 10:30am, first convent, 24 August 1562

Lunch at the Albergue 2pm

Teresa Museum 4:00pm/ Ve

Walls of Avila/ Free Time 5-7:30pm

Vespers 8:00 pm - Dinner at Albergue 9 pm

**September 24 - Tuesday (B, L, D) AVILA**



Matins 7:30am - Breakfast 8am

Monastery of the Incarnation, visit Museum 10:30am

Monastery of the Incarnation, Mass 12:00pm - Teresa entered at age 20 in 1535

Lunch at 2:00pm at Albergue

Cathedral of Avila at 4:30-6:00 pm/ after FREE TIME

Vespers 8:00pm

Dinner at Albergue, 9pm

**September 25 – Wednesday (B, L, D)**

**AVILA/ SEGOVIA**



Matins 7:30am - Mass 8:00am - Breakfast 9am (Avila)

Depart for Segovia at 10:00am

Check in at the Centro de Espiritualidad, San Frutos, 1:30pm

Lunch at the Center 2pm, lunch taken in the city is paid by participant

Visit of the Cathedral/Roman Aqueduct, 4:00-6:00pm

Vespers 8:00pm – Dinner at the Center 9 pm

**September 26 - Thursday SEGOVIA (B, L, D)**



Matins 7:30am - Breakfast 8:00am

Morning Mass at the Monastery of San Juan de la Cruz - John's Sepulcher, 11am

After Mass, Visit Templar's Church of the Vera Cruz, just around the corner

Lunch at the Center 2pm/ Visit of Alcazar Castle, 5:00pm

Vespers 8:00pm - Dinner at the Center 9pm

**September 27 - Thursday SEGOVIA (B, L, D)**



Matins 8:00am - Breakfast 9:00am

Mass 10:00am at the Centro

Jewish Quarter, Convent of Corpus Christi, 11am

Lunch at the Center 2pm

5:00pm visit to Carmelite Convent of San José Teresa's ninth foundation 19 March 1574 and Church of St. Martin

Vespers 8:00pm - Dinner at the Center 9pm

**September 28 - Friday SEGOVIA/ TOLEDO (B, L, D)**



Matins 7:30am - Breakfast 8:00am/ Mass 9am (Segovia) - Depart at 10:30am

Check in at the Carmelite Community 1:30pm

Lunch 2:00pm at the Carmelite Community

Visit the Synagogues of El Transito and Santa María la Blanca 4-6 pm

Free Time

Vespers 8:00/ Dinner Carmelite Community 9pm

**September 29 - Saturday TOLEDO (B, L, D)**



Matins 7:30 - Mass 9:00am - Breakfast 10am

Visit the Primatial Cathedral of Toledo 10:30

Lunch at the Carmelite Community 2pm

Free afternoon

Vespers 8:00pm – Dinner at the Carmelite Community 9pm

**September 30 - Sunday TOLEDO (B, L, D)**



Matins 7:30am - Breakfast 8am

Visit to the Museum of the Visigoths, Christianization of Hispania 12:00pm

Lunch at the Carmelite Community, 2:00pm

Free time to rest

Vigil Mass 7:00pm

Vespers 8:00pm, Dinner 9:00pm

**October 1 - Monday, DEPARTURE TOLEDO TO THE MADRID AIRPORT  
(L, D- on your flight)**



**For those traveling home to the USA or to EUROPE on this date, transport to the airport is covered, DIRECT TOLEDO TO AIRPORT, depart Toledo at 6:00-6:30am**

**You can have Breakfast at the airport.**

**MMAKE SURE YOUR FLIGHT HOME IS AT 11:00am or later, if you want to leave the same day, otherwise you will have to spend the night in Madrid at your own expense with departure on the 25. You also make your own hotel reservation.**

**Those of you not going back to Madrid on the bus provided to the airport, you will have to make and pay for your own arrangements.**

**You can take later that morning the high-speed train AVE, takes 35 minutes to get to Madrid. You have to make your own hotel arrangements wherever you go.**

**Important Addresses and Phone Numbers**

Make out all payments to Centro Fray Luis de León mail to:

Correspondence:

Prof. Dr. Alberto Ferreiro, Director

Centro Fray Luis de León, LLC

14515 53<sup>rd</sup> Avenue S. E.

Everett, Washington 98208

1-425-346-6443 (cell phone)

betomicielo@gmail.com (email)

Travel Agent

Sandy Dubois

1-800-596-2297 or 425-787-6388

sdubois@dt.com

(For any travel questions, especially for travel before or after the program)

Important Addresses

**Hostal Lisboa**

Ventura de la Vega, 17

telephone: 91-42-94-676

28014 Madrid

fax: 011-34-91-42-99-894

[hostallisboa@hostallisboa.com](mailto:hostallisboa@hostallisboa.com)

**U.S. Embassy, Madrid**

Calle Serrano, 75

Phone: 91-587-2240

Fax: 91-587-2303

[www.embusa.es](http://www.embusa.es)

**Essential Checklist**

Valid U.S. Passport (Bring a photocopy of it and keep it separate from the original.)

Two Credit Cards, Visa and MasterCard are the best. American Express is not a good card, leave home without it. Make sure you can get cash advances at ATMs on the cards for emergencies and convenience. (Carry very little cash).

Prescription Medicines (Bring them in the prescription bottle and dose for the entire trip.)

Bring Antibiotics for diarrhea infection and or the flu

Appliances (Buy travel size items with a built-in voltage converter.) Or buy a plug converter.

Baggage (Pack VERY lightly as is possible. What you pack, you carry.)

Download this itinerary to access while in Spain.

Clothing (bring cool light clothes and at least one light jacket for the evening.

Bring a washrag or a shower sponge

Shoes (Bring a good pair of sturdy walking shoes with ankle support.)

Download on your phone an English/ Spanish translator, if you need one

Leave a family member or friend your contact information.

**IMPORTANT:** time zone difference is NINE HOURS later from PACIFIC TIME

Earplugs and/or motion sickness medicine, if needed

Do not bring any jewelry or any article of great sentimental or monetary value.

### **Ten Commandments for All Travelers**

- I. Thou shalt not expect to find things precisely as they are at home ... for thou hast left home to find things differently.
- II. Thou shalt not take anything too seriously (except academics), for a carefree mind is the basis for a good experience.
- III. Thou shalt not let other program members get on thy nerves ... for thou art paying good money to enjoy thyself.
- IV. Thou shalt not worry ... he that worrieth hath little joy.
- V. Thou shalt not judge all the people of a country by one person with whom thou has had a problem.
- VI. Blessed are they who can wait and smile, for they shall surely enjoy themselves.
- VII. Thou shalt do somewhat as the natives do.
- VIII. Thou shalt carry a form of identification at all times ... and allow me to say that a man without a permit is a man without a country.
- IX. Thou art welcome in every land ... treat thy hosts with respect and thou shalt be an honored guest.
- X. Bless thy program leaders for surely they deserveth it.

## **Easy Steps to the Hostal Lisboa for Early Arrivals**



## Flying in to Spain Before the Scheduled Departure **Date of September 10**

1. In Seattle or elsewhere in the United States, bring about 400 euros. DO NOT bring large amounts of cash of any kind.
2. Take a taxi directly to the Hostal Lisboa. Your taxi will cost flat rate 30 euros. It is very risky to get on the subway with luggage.
4. Leave a message for me at the Hostal Lisboa that you have arrived. I will see you that evening or next morning early to go to the airport.

## Luggage Name Tag

This is the address you put on the tag of all checked in luggage-

If your luggage gets delayed on the way over, this is the address you give at the Madrid airport-

YOUR NAME