

RESOURCES

Essential Resources

This chart summarizes the resources that are essential to formation, and the stage in formation by which each candidate should acquire a copy of the resource. This list is not intended to restrict a community's use of other resources, but to identify those resources that are essential for every Discalced Carmelite Secular to own. For example, a community might choose to use the study edition of the *Way of Perfection*, and require its candidates to purchase it, but it is not essential that every secular Carmelite own the study edition, only the ICS edition.

| When | Name of Resource |
|--------------------------|--|
| Pre-Aspirancy | <i>Holy Bible</i> |
| Pre-Aspirancy | <i>Catechism of the Catholic Church</i> |
| Beginning of Aspirancy | <i>Rule of St. Albert</i> |
| Aspirancy | <i>OCDS Constitutions</i> |
| Aspirancy | <i>Provincial Statutes</i> |
| Aspirancy | <i>The Scapular of Our Lady of Mount Carmel: Catechesis and Ritual</i> |
| Aspirancy and thereafter | <i>Discernment of OCDS Vocation</i> , by Aloysius Deeney, OCD |
| End of Aspirancy | <i>Liturgy of the Hours</i> |
| Formation I | <i>Legislative Documents of the OCDS</i> |
| Formation I | <i>Lectio Divina</i> by Sam Anthony Morello, OCD |
| Formation I, year 1 | <i>Marialis Cultus: Devotion to the Blessed Virgin Mary</i> |
| Formation I, year 1 | <i>Redemptoris Custus: Guardian of the Redeemer</i> |
| Formation I, year 1 | <i>The Way of Perfection</i> , in <i>The Collected Works of St. Teresa (ICS)</i> , vol. 2* |
| Formation I, year 2 | <i>Apostolicam Actuositatem: Decree on the Apostolate of the Laity (AA)</i> |
| Formation I, year 2 | <i>The Living Flame of Love</i> , in <i>The Collected Works of St. John of the Cross (ICS)</i> |
| End of Formation I | <i>Carmelite Proper of the Liturgy of the Hours</i> |
| Formation II, year 1 | <i>Story of a Soul</i> , by St. Therese of Lisieux |
| Formation II, year 1 | <i>Lumen Gentium: Dogmatic Constitution on the Church (LG)</i> |
| Formation II, year 2 | <i>Interior Castle</i> , in <i>The Collected Works of St. Teresa (ICS)</i> , vol. 2 |
| Formation II, year 2 | <i>Christifideles Laici: The Lay Members of Christ's Faithful People (CL)</i> |
| Formation II, year 3 | <i>Ascent of Mt. Carmel</i> , in <i>The Collected Works of St. John of the Cross (ICS)</i> |
| Formation II, year 3 | <i>Novo Millennio Ineunte: At the Beginning of the New Millennium (NMI)</i> |

* All of the *Collected Works* are to be acquired by the time of the definitive promise.

Recommended Resources for Formators

Aspirancy

- *Compendium of the Catechism of the Catholic Church*, by Pope Benedict XVI
- *What Are You Seeking?* by Chris Hart, OCDS
- *Nourished by the Word: Reading the Bible Contemplatively*, by Wilfred Stinissen, OCD
- *Little Catechism of the Life of Prayer*, by Fr. Gabriel of St. Mary Magdalen, OCD
- *Divine Intimacy*, by Fr. Gabriel of St. Mary Magdalen, OCD
- *Prayer Primer: Igniting the Fire Within*, by Thomas Dubay, S.M.
- *Captive Flames: A Biblical reading of the Carmelite Saints*, by James McCaffrey, OCD

Formation I, Year 1

- Prayer
 - “Scriptural Meditation”, by Fr. Michael Buckley, OCD
 - Prayer Primer, Igniting a Fire Within*, by Fr. Thomas Dubay, SM
 - Awakening to Prayer*, by Fr. Augustine Ichiro Okumura, OCD
 - The Practice of the Presence of God*, (ICS edition), by Bro. Lawrence of the Resurrection, OCD
 - Conversation with Christ*, by Peter Thomas Rohrbach, OCD
 - Be Holy*, by Fr. Hilary Doran, OCD
- The Liturgy of the Hours
 - Making Holy the Day*, by Charles E. Miller, C.M.
 - The School of Prayer*, by John Brook
- Church Documents
 - Rosarium Virginis Mariae* and its companion, *At the School of Mary*, by Barry Michaels

- St. Teresa of Jesus
The Way of Perfection, A Study Edition, by Fr. Kieran Kavanaugh, OCD
The Teresian Gospel, by Fr. Otilio Rodriguez, OCD
I Want to See God, by Fr. P. Marie-Eugene, OCD
I Am a Daughter of the Church, by Fr. P. Marie-Eugene, OCD
Fire Within, by Fr. Thomas Dubay, SM

Formation I, Year 2

- Church Documents
Catechism of the Lay Apostolate (Apostolicam Actuositatem), by Fr. John A. Hardon, SJ
- St. John of the Cross
The Contemporary Challenge of John of the Cross: An Introduction to His Life and Teaching, by Leonard Doohan
John of the Cross: The Ascent to Joy, edited by Marc Foley, OCD
John of the Cross: Man and Mystic, by Richard P. Hardy
John of the Cross: Doctor of Light and Love, by Kieran Kavanaugh, OCD
The Impact of God: Soundings in St. John of the Cross, by Iain Matthew, OCD
St. John of the Cross: The Nightingale of God, by Fr. Otilio Rodriguez, OCD
God Speaks in the Night, by Fr. Frederico Ruiz, OCD et al.

Formation II, Year 1

- St. Therese of the Child Jesus and of the Holy Face
Formation Readings, provided on CD, may be used in conjunction with *Story of a Soul* as follows:
 - Ch. 3-4: “The Message of St. Therese in Relation to the Laity” by Fr. Gabriel Barry, OCD
 - Ch. 5-6: “His Face Was as Though Hidden” by Fr. Vincent O’Hara, OCD
 - Ch. 7-8: “The Life and Spirituality of St. Therese” by Fr. John Malley, O. Carm.
 - Ch. 9-10: “A Doctor for the Third Millennium” by OCD & O. Carm. Superiors
 - Ch 11 and Epilogue: “St. Therese of Lisieux on Suffering” by K.C. Russell, D.Th.
- St. Therese of Lisieux: Her Last Conversations*, translated by Fr. John Clarke, OCD
- The Poetry of Saint Therese of Lisieux*, translated by Fr. Donald Kinney, OCD
- With Empty Hands: The Message of Therese of Lisieux*, by Fr. Conrad de Meester, OCD
- Two Sisters in the Spirit*, by Hans Urs von Balthasar

Therese, the Little Child of God's Mercy: Her Spiritual Itinerary in the Light of her Autobiographical Manuscripts, by Angel de les Gavarres
Saint Therese of Lisieux: Doctor of the Universal Church, by Steven Payne, OCD
John and Therese: Flames of Love, by Guy Gaucher, OCD
I Believe in Love, by Fr. Jean C. J. d'Elbee

Formation II, Year 2

- *The Interior Castle*

Formation Readings, provided on CD, may be used in conjunction with *The Interior Castle* as follows:

Introduction and the first five dwelling places: "The First Mansion", "The Second Mansion", "The Third Mansion", "The Fourth Mansion", and "The Fifth Mansion", by Fr. Gabriel Barry, OCD

The sixth dwelling place: "At the Center of the Soul", by Fr. Herman Ancilli, OCD

The seventh dwelling place and Epilogue: "Christ in the Mysticism of St. Teresa", by Fr. Kieran Kavanaugh, OCD

Within You He Dwells: Rediscovering St. Teresa's Interior Castle, edited by Fr. Philip Boyce, OCD

From Ash to Fire: A Contemporary Journey Through the Interior Castle of Teresa of Avila, by Carolyn Humphreys, OCDS

Formation II, Year 3

- *The Ascent of Mount Carmel*, by St. John of the Cross. See the suggestions listed above for Formation I, Year 2, under St. John of the Cross.
- *The Theological Virtues in the Spiritual Life*, by Fr. Anastasius of the Holy Rosary, OCD
- *The Sanctifier*, by Most Rev. Luis M. Martinez

Ongoing Formation

- Return frequently to the major writings of our Carmelite saints
For example, *The Way of Perfection*
- Sample the minor writings of our Carmelite saints
For example, "The Prayer of the Church", by Edith Stein, found in *The Hidden Life: Hagiographic Essays, Meditations, Spiritual Texts*, translated by Waltraut Stein

- Explore recent scholarship on Carmelite topics
For example, *Captive Flames: A Biblical Reading of the Carmelite Saints*, by Fr. James McCaffrey, OCD
- Use the Formation Readings CD that was distributed with these guidelines
While some of the commentaries are quite old, they are excellent and fairly easy to update.
- Study the documents of the Church
For example, the encyclical letter, *Deus Caritas Est: On Christian Love*, by Pope Benedict XVI
- Make use of good Scripture commentaries
For example, *The Jerome Biblical Commentary*, Edited by Raymond E. Brown, S.S., Joseph A. Fitzmyer, S.J., & Roland E. Murphy, O.Carm.
- Reflect on the spiritual classics used by Carmelite saints that nourish the soul
For example, *Imitation of Christ*, by Thomas a Kempis
- Make use of Carmelite web sites
For example, www.o.cd.pcn.net
- Read Carmelite publications
For example, *Carmelite Digest*

Websites of Interest

- Discalced Carmelite Order: www.ocd.pcn.net
- Fr. Aloysius Deeney's blogsite: www.OCD4OCDS.blogspot.com/
- OCDS of the California-Arizona Province of St. Joseph: www.ocds.info
- OCDS National Council: www.ocds-us.org
- St. Joseph's OCDS Community, Seattle: www.stjosephsocds.com
- St. Joseph's OCDS Community, San Francisco:
www.rc.net/sanfrancisco/carmel/
- OCDS Newsgroup: www.egroups.com/group/ocds/
- Institute of Carmelite Studies (ICS): www.icspublications.org
- Carmelite Institute: www.carmeliteinstitute.org
- Carmelite Digest: www.carmelitedigest.org
- Carmelite Book Service: www.carmelite.org.uk
- National Shrine of Mary, Help of Christians:
www.holyhill.com/index.html
- The Holy See: www.vatican.va/phome_en.htm
- U.S. Bishops: www.usccb.org
- Vatican Information Service:
www.vatican.va/news_services/press/vis/vis_en/html
- Zenit: www.zenit.org

Carmelite Periodicals

Our Province's quarterly

- *Carmelite Digest*
P.O. Box 2178
Redlands, CA 92373-0701
E-mail: carmdigestred@aol.com

Other publications

- *Spiritual Life*
2131 Lincoln Rd. NE
Washington, DC 20002
Telephone: 1-888-616-1713
- *The Carmel Clarion*
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