



LITURGY OF THE HOURS
(Carmelite Friars' Tradition in the California-Arizona Province of St. Joseph)
Morning and Evening Prayer

Presider (P) *If a priest is present, he should be the presider.*

CANTOR SIDE 1 (C1)

CANTOR SIDE 2 (C2)

At morning prayer, while making the sign of the cross on the lips (only):

P **Lord, open my lips,**

All And my mouth will proclaim your praise.

Invitatory

C1 RECITES ANTIPHON IN ITS ENTIRETY.

All Repeat antiphon.

C1 RECITES EACH STROPHE IN ITS ENTIRETY.

All Repeat antiphon after each strophe.

C1 RECITES THE GLORY TO THE FATHER IN ITS ENTIRETY.

All Repeat antiphon after the Glory to the Father.

At evening prayer:

P **God, come to my assistance.**

All Lord, make haste to help me. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Alleluia.

At morning and evening prayer:

Hymn

If sung:

Stand

C1 INTONES FIRST LINE ALONE. (OR ANYONE SELECTED BY THE LEADERSHIP)

All Sing the rest together.

If recited:

C1 RECITES FIRST LINE ALONE.

Side 1 Completes the first strophe as if it were a psalm, and then sides 1 and 2 alternate.

Psalmody

Sit

- C1 INTONES FIRST PHRASE OF ANTIPHON 1
All Recite the remainder of the antiphon
C1 INTONES FIRST LINE OF PSALM 1

Side 1 Completes the first strophe of psalm 1

Sides 1 and 2 alternate the strophes of the psalm and Glory to the Father.

P Recites the psalm-prayer, if any

- C1 RECITES FIRST PHRASE OF ANTIPHON 1
All Recite the remainder of the antiphon.

C2 INTONES FIRST PHRASE OF ANTIPHON 2.

All Recite the remainder of the antiphon.

C2 INTONES THE FIRST LINE OF PSALM 2 IN ITS ENTIRETY ALONE.

Side 2 Completes the first strophe of the psalm.

Sides 1 and 2 alternate the strophes of the psalm and Glory to the Father.

P Recites the psalm-prayer, if any.

C2 RECITES THE FIRST PHRASE OF ANTIPHON 2

C1 INTONES THE FIRST PHRASE OF ANTIPHON 3

All Complete the remainder of the antiphon.

C1 INTONES THE FIRST LINE OF PSALM 3 IN ITS ENTIRETY ALONE.

Side 1 Completes the first strophe of Psalm 3.

Sides 1 and 2 alternate the strophes of the psalm and Glory to the Father.

P Recites the psalm-prayer, if any.

C1 INTONES THE FIRST PHRASE OF ANTIPHON 3

All Complete the remainder of the antiphon.

Reading

P Reading (*Presider stands; all others remain seated. After the reading, pause briefly for reflection.*)

Responsory

- C1 INTONES EACH FIRST LINE
All Complete the following line.

Gospel Canticle

Stand

P Intones first phrase of Canticle Antiphon

All Complete the antiphon

C1 INTONES FIRST LINE OF GOSPEL CANTICLE

Side 1 Completes the first strophe of the Gospel Canticle

Sides 1 and 2 alternate the strophes of the Canticle and Glory to the Father.

C1 INTONES EXACTLY AS THE PRESIDER AT BEGINNING OF THE CANTICLE ANTIPHON

All Complete the antiphon

Intercessions

P Intones opening line of each intercession

All Complete the second line of each intercession

P Our Father...

All Complete the Our Father

P (Without "Let us pray") Recites the prayer

Dismissal

If the presider is a priest:

P The Lord be with you.

All And also with you.

P May almighty God bless you, the Father, and the Son, and the Holy Spirit.

All Amen.

P Go in peace.

All Thanks be to God.

In the absence of a priest:

P May the Lord bless us, protect us from all evil and bring us to everlasting life.

All Amen.