



OCDS Provincial Newsletter

California-Arizona Province – October 2018

Our New Provincial Delegate, Central Office Update, and More

“Christ is the center of our lives and of Christian Experience...” OCDS Constitutions, No.10

Noteworthy and Newsy

Ordering OCDS Legislative Documents

At this time, your OCDS Provincial Council does not have extra copies of the *2017 OCDS Legislative Documents* available for ordering. If your Community or Group is in need of extra copies, you can print the pdf files from our OCDS Provincial website by going to www.ocds.info/legislativedocuments/htm. If your Council does not have the equipment or expertise necessary to print the copies, most copy shops, such as Staples, are capable of printing the documents from our website if you give them the online address indicated above. They can also bind the copies if you wish, or you can simply place them in three-ring binders. The Community/Group Council is responsible for ensuring that every member has a copy of the following:

- *The Rule of St. Albert (Primitive Rule of 1247)*,
- *OCDS Constitutions (January 2014)*, and
- *Provincial Statutes (December 10, 2016)*

Carmelite Poetry

“As I Walk into the Unknown”

By Armida Hernandez, Formation I
Las Cruces, NM

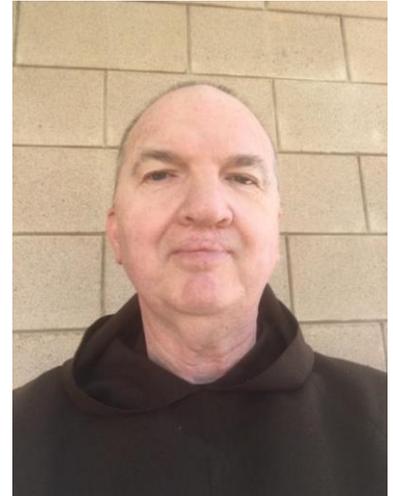
Looking out my doorway,
what awaits me is unknown.
I give thanks for a new day,
grateful for the blessings
yet to come my way.

But if I stumble on my path,
or worse yet turn from You,
dear Lord I beg you lift me up
and set me straight anew.

With You by my side,
I know I’m not alone.
With faith as my guide,
I step outside –
not fearing the unknown.

Meet Our New Provincial Delegate

Greetings to all the OCDS members of our Province. My name is Fr. Matthew Williams, OCD, and I am honored to be the new OCDS Provincial Delegate. A little background: I was born in Sacramento, California, but grew up in San Diego. I entered the California-Arizona Province in 1982, and made my First Profession in 1983. I then did my priestly studies at the Dominican School of Philosophy and Theology in Berkeley, California. Ordained in 1990, I have had a varied ministerial life as a Carmelite. I've done retreat work, been a pastor, the superior of our house of formation in San Jose, California, as well as being Provincial for six years. I look forward to serving the OCDS members of the Province as together we strive to strengthen each other in our Carmelite vocation. Let us support each other in prayer, asking Our Lady of Mount Carmel to guide us to that Holy Mountain, Jesus Christ Our Lord and Savior.



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CENTRAL OFFICE UPDATE: Father Matthew has moved the OCDS Central Office files from Alhambra to Oakville, and he has appointed Bill Zdanoski, OCDS, to serve as the OCDS Central Office Secretary. All Central Office correspondence and forms should be sent to the address listed above. Bill can be reached at the office phone number (707) 944-2454. OCDS Central Office hours are Tuesday through Friday, 9:00 a.m. to 3:00 p.m.

“...It is in the effects and deeds following afterward that one discerns the true value of prayer; there is no better crucible for testing prayer.”
(From *The Interior Castle, Collected Works, Vol. 2*, by St. Teresa of Avila, ICS Publications, p. 325.)

“Way of Love”

By Michele Maitland, OCDS, Portland, OR

My God, how I love thee!

In Browning’s words, I love thee
to the depth and breadth and height
my soul can reach

But it’s not enough!

not deep enough or wide enough
or high enough
though it’s filled to bursting

My small soul cannot contain

the burden of love You require –
that we both desire –
so I turn to Therese

Begging her leave

to ascend with her in the
elevator of your own sweet arms,

To gather along the way

roses and thorns,
bouquets of your own boundless love

“Night Whispers”

By Michele Maitland, OCDS, Portland, OR

When in the night my soul intones Your name

Your silent presence smolders, stokes a flame
shoots tiny sparks that pierce and char my heart
Reminding me of Saint Teresa’s dart

My dark and troubled spirit then takes flight

Counting on her aid to pass the night
in holy company, both safe and wise
Affording solace to my shrouded eyes

Confident she’ll keep me on the path

Toward raging Love’s desire – not evil’s wrath –
for me, unworthy peasant that I am
Aspiring to heaven’s banquet of the Lamb

The Six Decade Carmelite Rosary

By Pat Kjelstad, OCDS, Phoenix, AZ

It is well known that St. Teresa of Avila prayed the Rosary daily. While she was traveling in Spain, she enjoyed the hospitality of at least one Brigittine monastery. St. Bridget (1793-1773) received visions from Jesus and Mary and was entrusted with the Six Decade Rosary known as the Brigittine Rosary. St. Teresa of Avila very much savored praying the Six Decade Rosary, since she could easily be led into contemplation. St. Teresa was responsible for adapting the Six Decade Rosary as the Rosary of the Discalced Carmelite habit and Order.

This Rosary looks similar to the regular Dominican Rosary, but with an extra decade for each Mystery. The other Mysteries are the same as in the Dominican Rosary. However, at the end of each decade the Apostles Creed is prayed, not the Glory Be. The seven Our Father beads honor the Seven Sorrows of the Blessed Virgin Mary, and the 63 Hail Mary beads commemorate the 63 years it is believed the Blessed Virgin lived on earth before her Assumption.

Joyful Mysteries

1. The Immaculate Conception
2. The Annunciation
3. The Visitation
4. The Nativity
5. The Presentation
6. Finding the Child Jesus in the Temple

Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion
6. Jesus Is Placed in Mary’s Arms

Luminous Mysteries

1. The Obedience of Jesus to Mary & Joseph
2. The Baptism of Jesus in the River Jordan
3. The Wedding Feast at Cana
4. The Proclamation of the Kingdom
5. The Transfiguration
6. The Institution of the Eucharist

Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of Mary
5. The Coronation of Mary in Heaven
6. The Patronage of Mary as Queen and Beauty of Carmel

The Seven Sorrows of Mary (Remembered on the Our Father Beads)

The Prophecy of Simeon (after the Apostles Creed at the beginning of the Rosary)

The Flight into Egypt (at the beginning of the first decade)

The Search for Jesus in Jerusalem (at the beginning of the second decade)

Mary meets Jesus on the way to the Cross (at the beginning of the third decade)

Mary standing at the foot of the Cross (at the beginning of the fourth decade)

The body of Jesus is placed in Mary’s arms (at the beginning of the fifth decade)

The Burial of Jesus (at the beginning of the sixth decade)