SAMPLE FILL-IN-THE-BLANK QUESTIONS

1. May the new text of the Co	onstitutions of the Securar Order	r of the Discarced		
Carmelites be a really effective	ve means, so that its members ca	an reinvigorate more and		
more their	consecration in the concrete situations of family, social,			
civilian and ecclesial life.				
	The Congregation for the Institu	utes of Consecrated Life and the		
	Societies of Apostolic Life			
	Vatican, June 16, 2003			
2. Each one of you is to stay	ino	r,		
pondering the Lord's law day	and night and keeping watch at	this prayers unless attending		
to some other duty.				
	Rule of St. Albert			
3. Your loins are to be girt w	ith, you	r breast fortified by		
	, for, as Scriptur	re has it,		
	will save you. Put	on		
as your breastplate, and it wil	l enable you to love the Lord yo	our God with all your heart		
and soul and strength, and yo	ur neighbor as yourself	must be		
your shield on all occasions, a	and with it you will be able to qu	uench all the flaming		
missiles of the wicked one: the	here can be no pleasing God wit	thout faith; [and the victory		
lies in this – your faith]. On	your head set the helmet of	, and		
so be sure of deliverance by o	our only Savior, who sets his ow	on free from their sins. The		
sword of	, the word of God, must	abound in your mouths and		
hearts. Let all you do have th	ne Lord's	for accompaniment.		
•	Rule of St. Albert	·		
4. You must give yourselves	to of so	ome kind, so that the devil		
may always find you busy; no	o idleness on your part must give	e him a chance to pierce the		
defenses of your souls.				
	Rule of St. Albert			
5. You other brothers too, ho	old your Prior in humble reveren	ce, your minds not on him		
but on	who has placed him over you, a	and who, to those who rule		
the Churches addressed the v	words: Whoever pays you heed	navs heed to me and		

be found guilty of contempt, but will merit life eternal as fit reward for your obedience. Rule of St.Albert 6. Through _____ we take part in the triple mission of Jesus: kingly, priestly and prophetic. The first is a commitment to transforming the world according to God's design. By the mission, the baptized person offers self and the whole of creation to the father with Christ, guided by the Holy Spirit. And as ______, the baptized person announces God's plan for human kind and denounces all that is contrary to it. **OCDS** Constitutions 7. The members of the Secular Order of Discalced Carmelites are faithful members of the Church, called to live "in allegiance to "through "friendship with the One we know loves us" and in service to Under the protection of ______, in the biblical tradition of the prophet _____ and inspired by the teachings of St. and St. , they seek to deepen their Christian commitment received in ______. OCDS Constitutions 8. _____ represents the prophetical tradition of Carmel and is an inspiration to live in the presence of God, seeking Him in _____and with zeal for God's glory. **OCDS** Constitutions 9. The following principles of that Rule guide Carmelite life: a. Living in allegiance to ; b. Being diligent in ______ on the law of the Lord; c. Giving time to ; d. Participating in the Church's Liturgy, both the e. Being concerned for the needs and the good of ______in the community; f. Arming ourselves with the practice of the virtues, as we live an intense life of

whoever treats you with dishonour dishonours me; if you remain so minded you will not

g.	Seeking and solitude in our					
	life of prayer;					
h.	Using prudentin all that we do.					
10. T	Taking into account the origins of Carmel and the Teresian charism, the fundamental					
eleme	nts of the vocation of Teresian Secular Carmelites can be summarized as follows:					
a.	To live in allegiance to, supported by the imitation and					
	patronage of, whose					
	way of life is, for Carmel, a model of being conformed to Christ.					
b.	To seek "mysterious union with God" by way of					
	and activity, indissolubly joined together, for					
	service to the Church;					
c.	To give particular importance to, which, nourished by					
	listening to the Word of God and by the liturgy, is conducive to relating with God					
	as a friend, not just in prayer but in daily living. To be committed to this life of					
	prayer demands being nourished by,					
	and, above all,, in order to live in					
	the presence and the mystery of the living God;					
d.	To infuse and with apostolic					
	zeal in a climate of human and Christian community;					
e.	To liveevangelical self-denial from a theological					
	perspective;					
f.	To give importance to the commitment to; in the					
	ministry ofas the particular collaboration of the					
	Secular Order, faithful to its Teresian Carmelite identity.					
	OCDS Constitutions					
11. B	y means of this promise the member's commitment is					
streng	thened for the service of God's plan in the world. This promise is a pledge to					
pursue	personal holiness, which necessarily carries with it a commitment to serving the					
Churc	n in faithfulness to theCarmelite charism.					

, the	and
of the	evangelical lifestyle they are undertaking.
13. The promise of poverty seeks	an evangelical use of the goods of this world and of
personal	_, as well as the exercise of personal
in society, in family, and work, con	nfidently placing all in the hands of God.
14. The promise of	is a commitment to Christian love in its
personal and social dimensions in	order to create authentic in
the world.	
15. The promise of obedience is an	n exercise of faith leading to the search for
in the	ne events and challenges in society and our own
personal life.	
16. By promising to live the	in daily life, Secular Carmelites
seek to give evangelical witness as	members of the Church and the Order, and by this
witness invite the world to follow	Christ: "the Way, the Truth and the Life" (Jn. 14:6).
17. The vocation to the Teresian C	Carmel is a commitment to "live a life of allegiance to
Jesus Christ", "pondering the Lord	's law day and night and keeping watch in prayer".
Faithful to this principle of the Rul	e, St. Teresa placed as the
foundation and basic exercise of he	er religious family.
18. Besides personal contemplation	on, to the Word ought to
	ds to sharing the experience of God in the Secular
Order community. By this means,	the together seeks to discern
God's ways, maintain a permanent	energy of conversion, and live with a renewed hope.

19. Occupying a	privileged place in no	urishing the prayer life of C	armelite Seculars will
be the	and		of
Scripture and the	writings of our Saints.	, particularly those who are	Doctors of the
Church: St. Tere	sa, St. John of the Cro	ss, and St. Therese of the Cl	hild Jesus. The
Church's docume	ents are also food and i	inspiration for a commitmer	nt to follow Jesus.
20. The vocation	to the Secular Order i	s truly ecclesial. Prayer and	d apostolate, when
they are true, are	inseparable. The obse	ervation of St. Teresa that th	e purpose of prayer is
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reminds the Secu	lar Order that graces re	eceived ought to have an eff	ect on those who
receive them. Inc	dividually or as a com	munity and, above all as me	mbers of the Church,
apostolic activity	is the fruit of	.	
21. While giving	glife to Teresian Carm	elite spirituality, Mary's pre	esence also shapes its
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