O.C.D.S. Constitutions

12. By the promise made to the community in the presence of the Superior of the Order or his Delegate, the person becomes a full member of the Secular Order. By this commitment members strive to acquire the necessary training to know the reasons, the content and purpose of the evangelical lifestyle they are undertaking. The promise heightens and enriches the baptismal commitment in Secular Carmelites. This includes those called to married life, both as spouses and as parents. This promise is renewed once a year at Easter time.

O.C.D.S. Document and Ritual for Promises and Vows
Chapter V: Devotional Renewal of the Promise

84. The devotional renewal of the promise and of the vows is done in a simple way during a suitable period of common prayer. The following formula is used:

I, N______, desiring to follow the Crucified and Risen Christ in the Secular Order of Carmel, renew my profession, and I promise to tend toward evangelical perfection in the spirit of the evangelical counsels of chastity, poverty and obedience, and of the Beatitudes, according to the Constitutions of the Secular Order of Discalced Carmelites. I confidently entrust my promise to the Virgin Mary, Mother and Queen of Carmel.